

JANUARY 2022

KEOLU ELEMENTARY SCHOOL

BREAKFAST/LUNCH MENU

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
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| 3 | 4 | 5 BREAKFAST Mini Pancakes Fruit Cocktail, Craisins LUNCH Sloppy Joe Potato Wedges Green Salad Fruit Slushy | 6 BREAKFAST Cinnamon Roll Pears, Fruit Punch LUNCH Chicken Tenders Rice Steamed Veggies Apple Chips | 7 BREAKFAST Breakfast Pizza Fruit, Apple Chips LUNCH Pepperoni Pizza Green Salad Veggie Sticks w/ Hummus Fruit Juice |
| 10 BREAKFAST Bagel w/ Cream Cheese Pears, Fruit LUNCH Cheese Bites Veggie Sticks w/ Dip Fruit Slushy | 11 BREAKFAST Fruit Muffin Peaches, Grape Juice LUNCH Spaghetti w/ Meat Sauce Garden Salad Applesauce | 12 BREAKFAST Country Gravy Pizza Pineapple, Craisins LUNCH Chicken Mozzarella Sandwich Emoticon Potatoes Fruit | 13 BREAKFAST Chicken Patty, Rice Fruit Cocktail, Fruit Punch LUNCH Hamburger Steak Rice Steamed Veggies Peaches | 14 BREAKFAST Cereal, Toast Applesauce, Fruit LUNCH Oven Baked Chicken Rice, Green Salad Veggie Sticks Fruit Juice |
| 17 NO SCHOOL Martin Luther King Day | 18 BREAKFAST Belgian Waffle Fruit Cocktail, Fruit LUNCH Fish Sandwich Potato Wedges Baked Beans, Veggie Sticks Fruit Slushy | 19 BREAKFAST Cereal, Toast Peaches, Grape Juice LUNCH Creole Mac Steamed Veggies Coleslaw Fruit | 20 BREAKFAST Portuguese Sausage, Rice Applesauce, Craisins LUNCH Roast Pork w/Gravy Rice Steamed Veggies Fruit Juice | 21 BREAKFAST Cinnamon Roll Apple Chips, Orange LUNCH Hot Dog Tater Tots Veggie Sticks w/ Dip Pineapple |
| 24 BREAKFAST French Toast Sticks Pineapple, Power Punch LUNCH Chicken Tenders Rice Garden Salad Applesauce | 25 BREAKFAST Chicken Patty, Rice Peaches, Craisins LUNCH Tuna Sandwich Corn Chowder Garden Salad Fruit Slushy | 26 BREAKFAST Cereal, Toast Pears, Fruit LUNCH Chili Nachos Steamed Veggies Fruit Juice | 27 BREAKFAST Pizza Bagel Fruit Cocktail, Grape Juice LUNCH Cheeseburger Tater Tots Baked Beans, Coleslaw Fruit Cocktail | 28 BREAKFAST Breakfast Cake, Pork Links Fruit, Apple Chips LUNCH Kalua Pork w/ Cabbage Rice Lomi Tomato Pineapple |
| 31 BREAKFAST Cereal, Toast Applesauce, Fruit Punch LUNCH Mac & Cheese Baked Beans Coleslaw, Carrots Fruit Slushy | | | All meals served with 1/2 pint of milk and subject to change without notice. | |