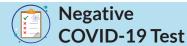
## Return to School/Work Criteria\*

#### For Someone with COVID-19-like Symptoms of Illness

Must meet ALL three criteria in ONE of these columns



- 1 Proof of a negative COVID-19 test result.
- 2 At least 24 hours have passed since last fever without the use of fever-reducing medication.
- **3** Symptoms have improved.

# 10

#### At Least 10 Days

- At least 10 days have passed since symptoms first appeared.
- **2** At least 24 hours have passed since last fever without the use of fever-reducing medication.
- **3** Symptoms have improved.



#### **Doctor's Note**†

- **1** A signed note from a licensed medical provider.
- **2** At least 24 hours have passed since last fever without the use of fever-reducing medication.
- **3** Symptoms have improved.

# For Someone with Symptoms of Illness That Are NOT COVID-19-like Must meet ALL criteria below



1 No known risk of recent exposure to COVID-19.



At least 24 hours have passed since last fever without the use of fever-reducing medication.



Symptoms have improved.

#### For Someone Who Tests Postive for COVID-19

Must meet ALL criteria below



At least 10 days have passed since symptoms onset, or if no symptoms, at least 10 days have passed since the date of the positive test.



At least 24 hours have passed since last fever without the use of fever-reducing medication.



Symptoms have improved.

#### For Someone Who Is a Close Contact of a Confirmed COVID-19 Case

Must meet ALL criteria below



Must quarantine until 10 days<sup>‡</sup> after date of last exposure and if continued exposure, 10 days after the confirmed case is released from isolation.



Monitor for any COVID-19-like symptoms of illness for 14 days.

<sup>\*</sup>Based on the Hawaii State Department of Health's COVID-19 Interim Return to Work/School Guidance.

<sup>&</sup>lt;sup>†</sup>When there is low-suspicion of COVID-19 or diagnosis of another health condition (e.g. allergy, asthma or flu), a medical provider may use clinical judgment to allow return to school/work.

<sup>&</sup>lt;sup>‡</sup>Someone who has been fully vaccinated or has had COVID-19 and recovered in the past three months is not required to quarantine following additional exposure and may go to school/work as long as they do not develop new symptoms.

# **Daily Wellness Check**

### **WE NEED YOUR HELP!**

HIDOE employees, contracted service providers, visitors, and students must complete a wellness check each morning before going to school. Please report any illness or COVID-19 exposure to the school or supervisor.



#### **CHECK FOR COVID-19-LIKE SYMPTOMS OF ILLNESS**

If <u>any</u> symptoms of illness are present, do not go to school or work.

- □ Fever (higher than 100°F or hot to the touch) □ Headache
- □ Chills
- □ Cough
- □ Shortness of breath or difficulty breathing
- □ Fatigue
- Muscle or body aches

- □ New loss of taste or smell
- □ Sore throat
- □ Congestion or runny nose
- □ Nausea or vomiting
- □ Diarrhea



#### **CHECK FOR RECENT COVID-19 EXPOSURE**

If any of the following apply, do not go to school or work.

- Recently tested positive for COVID-19
- □ Required to guarantine due to possible COVID-19 exposure (e.g. travel)\*
- □ Living with someone with COVID-19\*
- □ You or a household member are waiting for COVID-19 test results\*
- □ Recent close contact with someone with COVID-19\*

## HELP US TO KEEP OUR SCHOOLS **HEALTHY AND SAFE!**

<sup>\*</sup>Someone who has been fully vaccinated or has had COVID-19 and recovered in the past three months is not required to quarantine following additional exposure and may go to school/work as long as they do not develop new symptoms.