



PARTNERS IN DEVELOPMENT

Ke Ao Lono

The monthly newsletter of Ka Pa'alana
A Program of Partners in Development Foundation

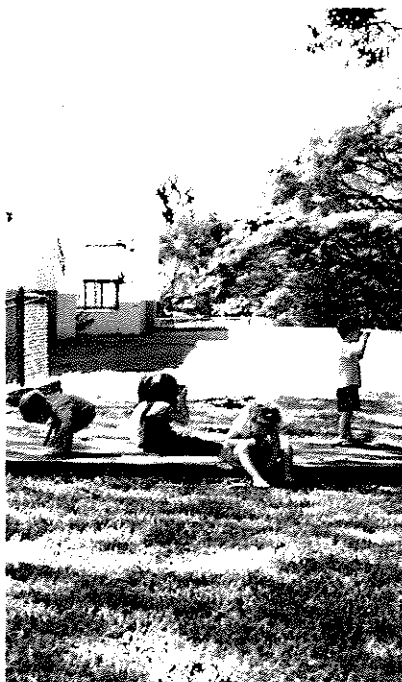
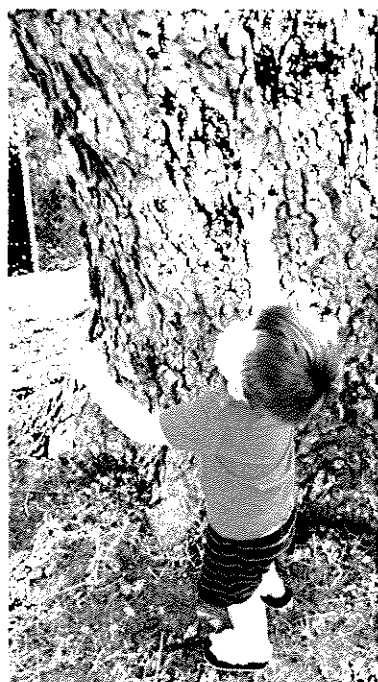
WHAT A WONDERFUL 'ĀINA

By: Kathy Fong

*"I see trees of green, red roses too
I see them bloom for me and you
And I think to myself what a
wonderful world."*

This beautiful song, written by Louis Armstrong (and also sung by our own Braddah Iz), summarizes the goals for the theme of 'Āina. We hope that as you explore with your children all that the 'āina has gifted to us, you will deepen in your appreciation for dirt, animals, plants, mountains, insects, and more!

Take the time to see, hear, taste, touch, and smell the land and what lives in it. Our 'āina is filled with wonders!



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For more information
Contact us at:
(808) 596-8711

THE FAMILIES OF KA PA'ALANA



By: Jessica Reyes

Aloha kakahiaka!
This month's family highlight features Bennet (1) and his nanny, Lindy. They have been a part of our preschool since October 2018. Since attending Ka Pa'alana, Lindy has noticed Bennet becoming more social with the older keiki during school and is now learning how to be more independent. Bennet loves painting, climbing

and exploring outside at preschool.

At home, Bennet loves swinging on the jungle gym, playing at the park, and anything that involves water. They also enjoy baking cupcakes, going to the beach, and swimming together. Lindy's goal for Bennet this year is for him to be more comfortable interacting with other kids. Mahalo, Bennet and Lindy, for being a part of our 'ohana. We are excited to watch you grow!



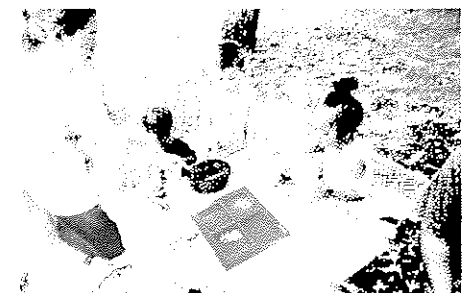
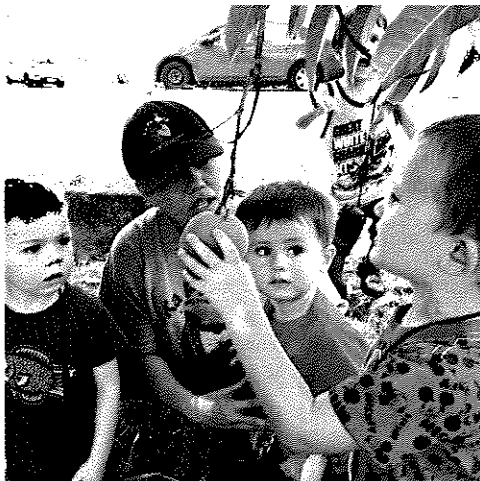
PRESCHOOL

By: Kyle Bluemke

During the month of September, the keiki enjoyed the first month of our 'Āina theme! The keiki enjoyed exploring the 'Āina by going on nature walks. On our nature walks, keiki would use their magnifying glasses and binoculars to look for different plants, animals, and trash that we can pick up. While on our nature walks, the keiki also learned some Hawaiian vocabulary words that go with our 'Āina theme, such as lepo (dirt), pua (flower), and lau (lau), to name a few.

The keiki also enjoyed planting our kalo in our garden box and are currently taking care of their own individual plants at site. While

planting the kalo in the garden box, the keiki explored digging in the dirt and the different parts of the kalo. Everyday at site, the keiki tend to their plants and our class kalo by watering it measuring how much it grows. We look forward to another great month of our 'Āina theme!



PARENTING TIP



By: Denise Mazepa

Age Appropriate Chores

Why are chores so important? Most adults leaving home don't know how to wash their clothes, cook a meal, mow a lawn, make a bed, or even how to wash dishes effectively. Most would agree that kids benefit from being a contributing member of their family.

Figuring out the right amount of responsibility is a balancing act. Kids work hard all day at school learning, playing, and developing social skills. However teaching children life skills has its benefits. Participating in family responsibilities will also help a child to develop his social skills.

Here are some ideas of chores for keiki we serve:

An affirmation:

To raise a child who is comfortable enough to leave you means you've done your job. They are not ours to keep, but to teach how to soar on their own.

- Author unknown

Ages 2-3

- Put toys away
- Stack books on shelf
- Place dirty clothes in hamper
- Throw away trash
- Fold washcloths
- Get diapers and wipes

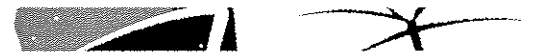
Ages 4-5

- Feed pets
- Wipe up spills
- Put away toys
- Make a bed
- Water plants
- Prepare simple snacks
- Use handheld vacuum
- Dry and put away dishes
- Disinfect doorknobs

Technology Tip

Parents today are making decisions about technology that didn't even exist when they were young. Parents make creative decisions daily using their best instincts. Here are 3 tips that might help when making technology decisions for your child.

1. Model using technology as a tool. Teach your child how to take photos with your smartphone or iPad. Have your child listen to music on the device. You can even take some time to watch a short video of the different types of animals that live in different habitats.
2. Create boundaries. You should decide what is preferred for your child in terms of screen time, whether it is on the television, at the movies, on the computer, tablet, or cell phone. Establishing your families' technology boundaries can help keep everyone accountable.
3. If you decide to allow screen time, monitor what they are watching and help your child process what they see while they are watching it. Consider the value of the apps you choose—are they active and do they promote creativity, innovation, and problem solving? Make intentional choices.



**October
Staff
Highlight**

Did you know that Jordan...?

- has been a Preschool Teacher's Assistant with Ka Pa'alana since March 2019
- has an AA Liberal Arts degree from Leeward Community College
- enjoys reading and swimming
- loves working with the families at his site. Loves that Ka Pa'alana incorporates Hawaiian values into the curriculum and everyone is treated like 'ohana.

KUMU KUKUI

By Pua Aquino

Welina mai kākou!

In the Hawaiian language there are many different ways to say "child," and most of the words have a reference to plants. Here are some Hawaiian translations for child: *lei* (flower garland), *pua* (flower), *liliko* (leaf bud), *hāpu'u* (type of fern). There are many 'ōlelo no'eau that compare a child to a plant, but there is one 'ōlelo no'eau that gives an image of something a

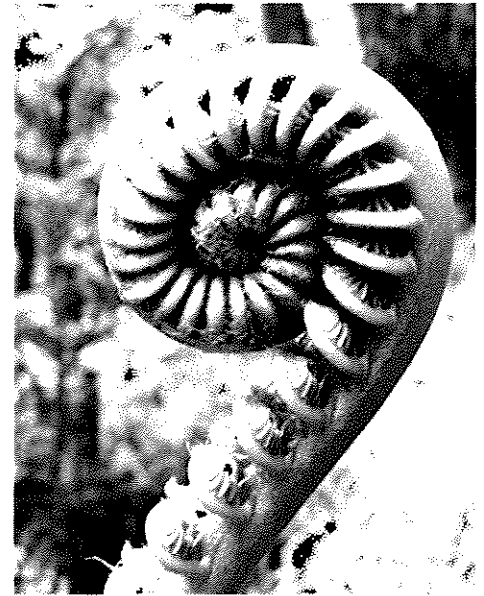
little different. The following proverb compares a farmer's plants to the love one has for a child.

"He keiki aloha nā mea kanu."

Beloved children are the plants.

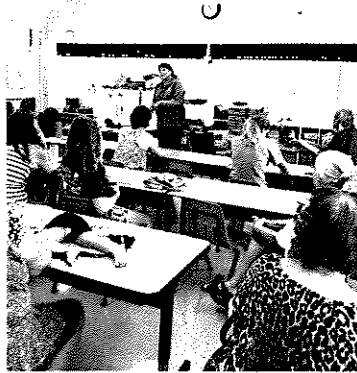
It is said of farmers that their plants are like beloved children, receiving much attention and care.

Much like children, plants need love, food, water, and attention in order for them to grow and flourish. Both plants and children are living things and should both be shown *aloha*, or love.

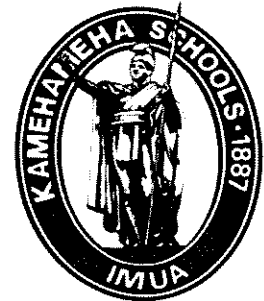


By: Denise Mazepa

This month at our Ke'olu Site, our own culture team, Uncle Aaron, Aunty Malia, and Uncle Billy, came out to introduce our 'Āina theme by providing an introduction to the Hawaiian language, Akua, and Kalo. This was the start of Hui Nohona's eight-week series of classes. The parents were very engaged as they were learning the Hawaiian language. Uncle Aaron also started teaching the Kumulipo Chant and we were able to repeat the first two lines of the chant by the end of the first class! Everyone is excited to learn more about the Hawaiian culture.



Ka Pa'alana Keolu site
is funded by:



Kamehameha Schools

